# Enjoy great value with Tupperware Brands products

Innovative base grid

any water residue to

prolong freshness.

keeps contents above

Modular Keeper with Grid (1) 9.4L

\$56.00 Retail

\$34.70 NOW

with every purchase of Tupperware Brands products worth \$150



- · All offers featured are valid only while stocks last.
- . The Company reserves the right to replace FREE gifts featured where necessary.
- \* Excluding nett-priced items.
- \*\* Excluding nett-priced items and purchase-with-purchase items.



For over 60 years, Tupperware Brands has proudly backed our products with a Lifetime Guarantee so you can buy with confidence. All Tupperware products carried under the Tupperware trademarks are guaranteed by Tupperware Brands to perform under normal of the products.

- All prices listed in this catalogue supersede our previous printed price.
- . Every care is taken to ensure the information printed is correct at the time of printing. However, the company reserves the right to make any changes due to unforeseen









email: twseorder@tupperware.com



For singapore only (toll free): 800 601 1345

For overseas only: +65 6285 8988

MScustomercare@tupperware.com



### 4025 76

Fortune Mandarin **Orange Carrier** \$3.50 NETT

with every purchase of Tupperware Brands products worth \$88

\*Pre-paid orders have to be made in order for us to issue a voucher for product collection from 20 Jan-14 Feb 2015 via TWS office.

### 4023 60

Red Prosperity Gift Bag \$1.80 NETT







Campaign January/2015 SINGAPORE 1 Jan - 31 Jan 2015

Usher in prosperity & togetherness





nutrimetics









Remember when your mom endured all this...



"We always forgot to close the lid, which meant unwanted surprises every time."



"We never understood how carrying a bag of rice hurt our mommy."



"We always played in the kitchen and knocked things over."





Saves Space Slim and compact design. Fits 10kg rice.



See-Through Walls Always know how much rice you have left.





old rice is used before new.

One Slide = 1 Cup Dispenses exactly 1 cup (150g) of rice with every slide.







Perfectly Sized Fits easily even in narrow spaces.

Dispense fresh rice without spill & contamination



1111 7988

Junior Serving Centre (1) Worth \$25.00

with every purchase of 1111 6572





Reunite with an abundance of variety



### 1111 7485

### Steamboat Set

FreezerMate Small (2) 650ml
Double Square Round (2) 1.3L
Modular Colander with Seal (1) 4.0L
Condimate Set
Fridge Stackable (2) 1.4L
Gift Box

\$142.30 Retail

\$99.60 NOW



\$329.00 Retail

\$238.00 NOW

with every purchase of 3 Steamboat Sets (A1128)

Turn over to page 49 for a delicious CNY recipe!





1/ 1110 4068 VentSmart Rectangular Medium High (1) 4.4L \$49.50

2/1110 4067 VentSmart Rectangular Medium Low (1) 1.8L \$34.00

3/ 1110 4069 VentSmart Rectangular Small High (1) 1.8L \$29.00



1105 2662 Fridge Water Bottle (1) 2.0L \$22.90



1105 0454 Handy Cool (2) 1.0L \$33.20



A808 Snowflake Square Round (4) 400ml \$30.00



A809 Snowflake Medium Square Round (4) 800ml \$42.00



Seal in freshness for flavorful meals



1111 7042

Freeze Your Freshness
FreezerMate Large II (1) 3.1L
FreezerMate Medium III (2) 2.3L
\$77.80 Retail
\$54.50 NOW





Place a different ingredient in each



Flip over and lift off the bottom tray.



## Serve

Pour on the sauce and Yee Sang is ready to toss.

1111 7526 WhatsApp/SMS: +65 90242048 tupperware@sh.sg

Serving Centre (1) save 20% \$35.60 NOW

Perfect for a toss

of Good Luck!







Fill your week with 7 days of sweetness

1111 6868

Prosperity Keeper (1) \$42.00 Retail \$34.80 NOW

save over 15%

Serve your guests with the traditional 7 sweets for continued abundance and good fortune.

Dried fruit
Sweets
Year cake
Sunflower seeds
Goji berries
Chestnuts
Groundnuts





# Singapore Specials



### 1110 0891

Microwaveable Rice Cooker (1) 2.2L \$55.00 Retail save \$41.30 NOW 25%



Scan the QR code to view the Microwaveable Rice Cooker video.



### 1105 8191

CrystalWave Soup Mug (2) 460ml \$25.80



### 1105 8458

Reheatable Divided Lunch Box (1) 850ml \$24.20



### 1105 0684

Reheatable Divided Lunch Box (1) 1.0L \$24.80



Pop the vent to allow the steam to escape.



### 1109 1610

CrystalWave Divided Dish (1) \$25.90



Open steam vent before placing into microwave. A majestic gift of happiness & longevity

### 1111 7463

### Imperial Treasure Gift Set

Drinking Flask (3) 500ml Pumpkin Seed 170g Premium Prawn Roll 150g Green Tea Sachet 5s Premium Gift Box

\$112.40 Retail

\$88.00 NOW







Here's all you need to throw one





# Stay hydrated & save the earth the eco way





1/1110 6474 High Handolier with Pouch\* (1) 1.5L \$29.70

2/1110 9244 Thirstquake Tumbler with Pouch\* (1) 900ml \$23.50



1111 0365

Thirstbreak Tumblers (4) 470ml \$31.40



Eco Bottle Flip Top (2) 1.0L 3/1110 9816 4/1110 9815 \$26.00

### **EXCLUSIVE PURCHASE**

4020 41 Blue • 4020 42 Red •

Eco Bottle Strap (1) \$3.00 NETT

with every purchase of 1110 9816 or 1110 9815

Eco Bottle (2) 750ml

5/ 1111 0453 - Berry Burst

6/1111 0454 - Tropical



Eco Bottle (2) 500ml

7/ A862 - Cool Splash

8/ A861 - Summer Fun



1110 9870 Beverage Buddy -Green (1) 2.0L \$19.90





\*Pouch is not covered by the Tupperware® Lifetime Warranty.



1105 8177 Season Serve (1) 1.9L \$28.90

1105 9545 Steam It \$24.90



FREE -

4014 68

Steam It Booklet with recipes by Amy Beh



1109 1779 Salt N Spice Set (2) 500ml \$18.00



1105 8190 Large Stor N Pour (3) 650ml \$36.30



1110 5133

Turbo Chopper With Gift Box (1) 300ml \$57.00



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tupperware@sh.sg

Easy peasy way to marinate



Base and cover comes with specially designed grids for even marinating and easy drainage of excess marinade and oils.

1111 7596 Junior Season Serve (1) 1.2L \$22.00 Retail save \$17.60 NOW 20%









- 1106 8061- Black
- 1106 8060 Chili

### Modular Mates Essential Set

Square II (2) 2.6L Oval II (4) 1.1L Square IV (1) 5.5L Gift Box

\$125.60

FREE FreezerMate Small I (2) 250ml Worth \$18.60



### Modular Mates Rounds

1100 6978 Round I (1) 200ml \$6.90 1100 6979 Round II (1) 440ml \$8.30 1103 0233 Round III (1) 650ml \$11.00 1100 8219 Round IV (1) 890ml \$13.50

1105 8456 Round Seal - Black
 1105 8457 Round Seal - Chili

### Modular Mates Squares

1100 6984 Square I (1) 1.2L \$17.50 1100 6985 Square II (1) 2.6L \$24.00 1100 6986 Square III (1) 4.0L \$25.90 1100 6987 Square IV (1) 5.5L \$28.00

1105 8179 Square Seal - Black
 1105 8178 Square Seal - Chili

### Modular Mates Ovals

1100 6963 Oval I (1) 500ml \$10.30 1103 0236 Oval II (1) 1.1L \$13.80 1103 0237 Oval III (1) 1.7L \$17.50 1100 6966 Oval IV (1) 2.3L \$18.90

1105 8183 Oval Seal - Black
 1105 8188 Oval Seal - Chili

### Modular Mates Rectangulars

1104 3026 Rectangular II (1) 4.3L \$26.90 1104 3027 Rectangular III (1) 6.5L \$29.80

■ 1105 8187 Rectangular Seal - Black ■ 1105 8186 Rectangular Seal - Chili

### Modular Mates Mini Rectangulars

1100 8403 Mini Rectangular I (1) 850ml \$13.30 1100 8404 Mini Rectangular II (1) 1.9L \$17.90

1105 8185 Mini Rectangular Seal - Black
 1105 8184 Mini Rectangular Seal - Chili

\*The above prices include seals

- 1106 8059 Black
- 1106 8058 Chili

### Modular Mates Rectangular Set

Rectangular II (1) 4.3L Mini Rectangular I (2) 850ml Mini Rectangular II (2) 1.9L Gift Box

\$86.60



• 1110 9248 - Black

Modular Mates Starter Set

FREE FreezerMate Junior II (1) 290ml Worth \$9.70

• 1110 9247 - Chili

Square II (1) 2.6L

Oval II (1) 1.1L Oval I (2) 500ml

Gift Box \$58.40

FREE FreezerMate Small II (1) 650ml Worth \$13.00







1/1110 9619

### Snowflake Square Round Set

Square Round (2) 400ml Medium Square Round (2) 800ml Double Square Round (2) 1.3L Gift Box

\$60.60



2/1110 9243

## My First FreezerMate Set Small I (1) 250ml Small III (1) 1.0L Small II (1) 650ml Junior II (2) 290ml

Gift Box \$56.60

### 3/1109 1542

FreezerMate Medium II (2) 1.5L \$42.00

4/1106 8041

FreezerMate Essential Set \$128.00









\*\*All decorative items are not included.

29



with every purchase of Nutrimetics products worth \$200



Lighter formula. Non-greasy texture.



Radiant smoother skin in 1 hour\*

## utrime



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WhatsApp/SMS:

Super Hydra Radiant Set

1/ Nutri Rich Instant Radiance Balm 50ml 2/ UltraCare+ Moisturising System 30ml Suitable for all skin types

\$113.00 NOW



N500 341

Cosmetic Pouch (1)

20.0cm (W) x 13.0cm (D) x 6.5cm (H) with every purchase of B633

### Enjoy double the hydration!

Combine the UltraCare+ Moisturising System with the Nutri Rich Instant Radiance Balm to protect and lock in hydration to keep skin feeling comfortably supple, smooth and radiant.

## Perfect for tired & dehydrated skin!

Use the Moisturising System after cleansing and toning followed by sunscreen protection.



MOISTURISING SYSTEM with Hyaluronic Acid

**ACTIVATEUR** D'HYDRATATION à l'Acide Hyaluronique





1000x

hydration

N500 333

Carry-Along Bag (1)

21.3cm (W) x 4.8cm (D) x 15.0cm (H)

Carry-Along Bag can be

# Be a vision of Youthfulness

RESTORE

SOFTENING CLEANSING CREME with Sauvignon Bland Concentrate

CREME TTOYANTE OUCEUR Concentré de suvignon Blanc

Restore Anti-Ageing Set \$330.00 Retail

\$277.00 NOW

Cosmetic Pouch (1) with every purchase of B618



### FREE

N211 1970

Anti-Ageing Eye Creme 15ml

Worth \$52.00 with every purchase of B618

ESTORE



# RESTORE FINING ONING OTION

### 1/N211 1965

Foaming Cleansing Lotion 200ml \$61.00



### 2/ N211 1966

Refining Toning Lotion 200ml \$61.00

mature skir

### 4/ N211 1971

3/N211 1948

Creme 150ml

\$61.00

Softening Cleansing

Intense Anti-Ageing Night Creme 60ml \$76.00

### 5/ N211 1973

Anti-Ageing Day Creme SPF 15 60ml



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Tupperware.

## B634

### Premier White Double Cleansing Set

Let your skin

1/ Cleansing Foam 110ml 2/ Cleansing Milk 120ml

\$99.00 Retail \$83.00 NOW

Cosmetic Pouch (1) with every purchase of B634



### Double cleanse for better absorption and glow!

Glow Fairer & brighter

Step 1: First use the Cleansing Milk to remove make-up and impurities.

Step 2: Follow with the Cleansing Foam for a deeper cleanse to aid absorption on serums and moisturizers.

For best results, practice double cleansing at night.

### Oil balancing toner

3/ N220 0008

Clarifying Toning Lotion 120ml \$52.00

### Whitens, exfoliates & moisturizes

4/ N220 0010

Whitening & Replenishing Night Creme 45ml \$62.00

### **Protects**

5/ N220 0009

Moisturisina Day Creme SPF15 45ml \$62.00







# A lifetime of Beauty starts here

### Non-drying cleanser

1/N211 1551

Skin Clean Cleansing Milk 200ml \$28.00

### Boost hydration without clogging pores

3/N211 1556

Nutri-Moist EL Extra Light Moisturising Creme 125ml \$39.00

For combination skin









Deep botanical cleanse

Foaming Facial Cleanser 100ml

Nutri-Moist Moisturising Creme 125ml

FOAMING FACIAL

with Apricot & Marshmallow Extract

GEL NETTOYANT

CLEANSER

MOUSSANT

a la Guimauve

Delivers up to one third more

moisture in just three hours

2/ N211 1558

4/ N211 1557

For normal & dry skin

\$22.00

\$41.00



CLEANSING MILK with Apricot Kernel Oil

LAIT NETTOYANT aux Hulles d'Abricot

00ml @ (6.76 Fl 0z)

100ml @ (3.38 FI Oz

Her World magazine reader testimonial



"The Nutrimetics Foaming

Facial Cleanser is reliable, easy-touse, has a pleasant fragrance and is refreshing on the skin. The best part about using it is that it leaves your skin soft and clean. It has a gentle formula that delivers deep cleansing results and leaves the skin looking clear and radiant. I would recommend this to anyone who is looking for a quick and easy cleanser that is reliable."

Janitha Kularajasingam, 31 Lecturer

### Exfoliate and stimulate

5/ N211 1553

Honey & Almond Scrub 125ml \$36.00

### Tones and firms

6/ N211 1552

Skin Fresh Toning Lotion 200ml \$28.00



For normal to combination



### nutrimetics



SKIN FRESH

TONING LOTION with Apricot Extract & Citrus Oils LOTION TONIQUE

aux Hulles Essentielles d'Agrumes & à l'Abricot

200ml e (6.76 Fl 01)



Cleansing Mousse 150ml

\$17.00 For combination skin 8/ N221 0953 Exfoliating Gel 125ml Apricot Kernel Oil •

Apricot Seed Powder

\$19.00

9/ N220 0001

Foaming Cleanser 175ml Apricot Kernel Oil . Apricot Seed Powde

\$16.00 For oily skin 10/ N221 0951

Balancing Toner 150ml Calendula Extract

\$17.00

11/ N221 0952

Oil-Free Moisturiser SPF 15 75ml Apricot Fruit Extract . Aloe Vera . SPF 15

\$19.00

# Fall in love with JOTGEOUS skin

N211 0827



APRICOT KERNEL OIL the Himalayan Hunzakut's secret to eternal youth, delivers MULTIPLE USES in one jar.

- Essential fatty acids repairs skin's moisture
- It mimics skin's own oil for perfect absorption without a greasy feel
- Ultra-moisturizing, revitalizing properties nourish all skin types
- Rich in Vitamin A, E and natural antioxidants



NUTRI-RICH OIL

ombination

AUTOSHIP

100 apricots in every For dry to 60ml jar combination



# GLOWING CHEEKS INTENSE EYES LUSCIOUS LIPS Step 1 Shape and define your brows with the Eye Brow Contouring Pencil to complete the look. Finish your look with Lightning Lip Gloss for Step 2 irresistibly beautiful lips. Highlight and accentuate your eyes with the nc Lash Impact Mascara. Apply to upper and lower lashes; put on a second coat

once dried.

Give your face a healthy pop of color. Quad Blush glides smoothly and evenly on your cheeks. Blend up into hairline, then downwards to soften.

# ROMANTIC RADIANCE

Look young and sweet. Radiate with a hint of color.

SAVE OVER 10%

WHAT'S YOUR LOOK?

### Romantic Radiance Make-up Set

nc Lash Impact Mascara 8ml Eye Brow Contouring Pencil Lightning Lip Gloss - Very Berry Quad Blush Radiant Pink 6g \$70.00 Retail

B587

\$61.00 NOW

### B588

### Golden Glow Make-up Set

GOLDEN

Let your healthy glow shine through

with a natural look.

nc Lash Impact Mascara 8ml Eye Brow Contouring Pencil Lightning Lip Gloss - Fuzzy Peach Quad Blush Golden Peach 6g \$70.00 Retail

\$61.00 NOW

AUTOSHIP

### Cosmetic Pouch (1)

with every purchase of B587 or B588



N204 0040

### Restore Youth Collagen Loose Powder\* 20g

 Orza Sativa (Rice) Starch 
 Atelocollagen 
 Apricot Kernal Oil \$35.00 Retail

\$29.00 NOW

\*While stocks last.



1/ N204 0038 Light 2/ N204 0039 Medium

### Restore Youth Collagen Compact Powder 10g SPF 40

• Atelocollagen • Apricot Kernel Oil • SPF 40 \$44.00 Retail

\$37.00 NOW



Turn up the Color



100% Plant-based

N203 0054

### Natural Moist Lip Balm 1.5q

- · Enriched with organic aloe vera & botanical oil extract
- Protects and moisturizes to keep lips soft, smooth and moist
- Fragrance & paraben-free

\$11.00



N204 0025 - Rosy Rose

(color 5)

Colour Essentials Moisturising Lipstick 3.5g \$13.00 Retail

\$11.00 NOW

Deep Nourishing

Lipstick 3.5g • Lavender Oil • SPF 18

(color 11)

N204 0026 - Blossom Bloom

Prestige Gold Lipstick 3.5g \$15.00 Retail \$13.00 NOW



1/ N204 0004-Lavender • 2/ N204 0002-Sunflower • 3/ N204 0027-Rose • 4/ N204 0003-Green Mint

- 5/ N204 0025-Rosy Rose 6/ N204 0020-Light Berry 7/ N204 0019-Sweet Coral 8/ N204 0024-Honey Plum
- 9/ N204 0018-Blooming Rose 10/ N204 0022-Sweet Red 11/ N204 0026-Blossom Bloom 12/ N204 0015 -Orange Fire •13/ N204 0011-Satin Peach • 14/ N204 0012-Scarlet • 15/ N204 0013-Tea Rose
- 16/ N204 0017-Cherish 17/ N204 0016-Fuchsia Love

\*Colors may vary based on individual lip color.

18/ N204 0054 - Very Berry 19/ N204 0055 - Fuzzy Peach **Lightning Lip Gloss** \$17.00



Built-in LED light and mirror for precise application.





1/N211 3250 3/ N211 1078 Bare Natural • nc Lash Impact **Eye Brow Contouring** Pencil 0.35g

\$13.00

2/N211 3920 nc Liquid Eye 4/ N210 1131 Instant Eye Make-Up Remover 115ml \$26.00

Flexible applicator

Waterproof

 Ophthalmology tested

nc NC

Get the look you

Desire

### 8-in-1 Cream

- Anti-inflammatory
- Corrective base
- Sun protection
- Moisturizing
- Anti-wrinkle
- Brightening
- Foundation

B.B Blemish Balm Cream SPF 42 PA+++ 30ml \$30.00

N204 0005 - Light

N204 0006 - Medium

N204 0007 - Pink

5/ N224 0008 **Prestige White** Loose Powder 35g

Smudge proof

• SPF 15 PA+ • Squalane · Kaolin · Macadamia Seed Oil

\$31.00

6/ N224 0010 Natural

Prestige White 2 Way Face Cake 14.5g

• SPF 30 PA++ • Pearl Powder · Squalane · Chamomile Flower \$36.00

N224 0010 R Natural Refill Pack \$21.00

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115mle(3.89 FLO

All you need for Top-to-toe 7/ N203 0017

**Unscented Roll-On** Deodorant 55ml \$6.00

8/ N203 0007 Scented Roll-On \$6.00

Feminine Wash Manjakani 200ml \$14.00

10/ N203 0001 Feminine Wash With Cool Mint 200ml \$13.00

9/ N203 0002

11/ N200 1097 Cracked Heel Smoothening Cream 50gm \$13.00

12/ N203 0022 Orchard Fresh Body Lotion 220ml \$12.00

13/ B886 FloralZest Body Wash (2) 500ml \$28.00

Hair Fall Control Conditioner 200ml \$16.00

15/ N203 0026

17/B921 Lavender Moisturising

Hand Wash (2) 300ml \$14.00 Retail

\$12.00 NOW

SAVE OVER

Stimulates

hair follicles

& new

arowth

Mineral oil free

16

 SLES-free Paraben-free

### FREE

14/ N203 0024

FloralZest Body Lotion 220ml Worth \$12.00

with every purchase of B886

16/ N203 0025

Hair Fall Control Shampoo 300ml \$17.00





1/ N203 0009

Citrus Bilberry Body Polish 150ml \$13.00

2/ N200 3008

Citrus Bilberry Body Lotion 75ml \$8.00

3/ N203 0010

Citrus Bilberry Body Wash 500ml \$14.00

4/ N203 0057 Citrus Bilberry Talcum 100g \$8.00

5/ N203 0011

\$14.00

N203 0028

\$30.00

Isara EDT 35ml

Ginger Plus Virgin Coconut Oil 2-in-1 Hair Shampoo 250ml \$11.00

6/ N203 0016 Ginger Body Wash 500m

7/ N203 0013

Ginger Body Cream 150ml \$15.00

8/ N203 0014

Ginger Plus Virgin Coconut Oil Hair Serum 40ml \$17.00

Honey Hair Care

9/ Nourishing Honey Shampoo 10/ Nourishing Honey Conditioner \$28.00 Retail

\$24.00 NOW

### **EXCLUSIVE PURCHASE**

9/ N203 0005

Nourishing Honey Shampoo 300ml

\$15.00 Retail

\$12.00 NOW with every purchase of B889



N201 8009 Citrus Bilberry EDT 50ml \$38.00

# Let health prosper this New Year

The festivities are around the corner and we all know what that means, food, food, food and more food! With all the wonderful delicacies to eat, healthy eating practices are usually set aside for the duration. To maintain your health during the festivities, supplement your diet with NaturCare® Organic Lacto Fiber™ Enriched with 59 natural and nutrient rich-ingredients, it fills your fiber gap easily and detoxes your body naturally to rebalance gut flora and maintain overall health.

250 of fiber =5 servings of





Whole-food blend of more than 59 nutrient-rich ingredients To improve energy level, general well-being and restore healthy radiant skin.

✓ Added with Milk Thistle a natural herb To protect and strengthen liver function.

4g of fiber in 1 serving

To promote a healthy digestive system while fiber normalizes cholesterol level.

Enriched with pre- and probiotics plus fruity enzymes To support bodily defense or immune system. Replaces Fiber Gap





Direction: Shake and mix 1 scoop with water or juice to make a refreshing fiber drink.

NaturCare® Organic Lacto-Fiber<sup>TM</sup> (1) 300gm \$66.00 Retail \$59.40 NOW

NaturCare® Organic Lacto-Fiber™ (2) 300gm \$132.00 Retail

\$105.60 NOW







NaturCare® Organic Lacto-FiberTM (1) 12 sachets x 10gm \$29.00



2/1106 6418

Mini Quick Shake (1) 300ml \$11.80



7004 20

NaturCare® Premium Green Tea (1) 20 tea bags x 2gm \$9.90

## Health in a cup

Feeling stressed and tired? Enjoy a soothing cup of health with NaturCare® Premium Green Tea.



# Don't let fatigue & stress slow you down

Maintain your health and vitality during the festivities.



OmegaQ10 is a combination of Omega 3 fatty acids (300mg EPA and DHA) and CoQ10 (15mg) for optimum absorption of vital fatty acids and antioxidants necessary for health.



### Benefits of CoQ10

- Strengthens heart muscles
- Improves circulation
- Supports normal blood pressure
- Improves antioxidant capacity of vitamin E
- Makes skin, teeth and gums healthier
- Boosts energy and improves exercise tolerance

### Suitable for:

- Individuals with high cholesterol and triglycerides
- Individuals with high blood pressure
- Those with a family history of heart disease
- Normal healthy individuals for primary prevention





MultiPlus Ginseng combines 25 essential vitamins and minerals with the power of Ginsena (40ma) to enable your body to function at its optimum! Regular consumption improves vitality, keeping you physically and mentally alert.

### **Benefits of Multiplus Ginseng**

- All-in-1 supplement for most adults
- · Replenishes essential micronutrients
- Helps boost stamina and energy levels
- · Enhances the immune system

### Suitable for:

\$90.00 NOW

- Adults above 16 years old
- · Individuals not eating a well-balanced diet
- · Individuals leading a stressful lifestyle
- . Those constantly on the move (active individuals
- · People who are experiencing lethargy and fatigue





7006 00

NaturCare® MultiPlus Ginseng (1) 30 softgels \$33.00



Age is just a number with the power of

pomegranate

Drinking pomegranate juice is generally believed to

be good for health and helps with the aging process.

sugar and very little fiber. Made up of the whole fruit,

Full Spectrum is a powerhouse of antioxidants.

Nevertheless, it is a fruit that is not necessarily easy to find.

while the commercially pre-packed juices have more water.

from seed, pulp and peel - NaturCare® Pomegranate

One softgel contains antioxidants from the Punicic Acid concentrate of at least 10 fresh pomegranates.

which means you can now reap the full benefits of the

pomegranate without the hassle of making juice!

### **Antioxidant Potency**

Measured in ORAC\*

10,500

Pomegranate has higher antioxidants!

### - Pulp High in:

- Niacin Antioxidants
- Vitamin C
  - Fiber
- Potassium

Seed

Peel

 higher antioxidant capacity than pulp

Start with 2 per day to keep aging at bay.



### **BUY 6 FREE 1**

NaturCare® Pomegranate Full Spectrum (6) 60 softgels \$252.00 Retail \$226.80 NOW 10%

### FREE

7009 00

NaturCare® Pomegranate Full Spectrum (1) 60 softgels Worth \$42.00

with every purchase of J289

7009 00 NaturCare® Pomegranate Full Spectrum (1) 60 softgels

\$42.00

\*Oxygen Radical Antioxidant Capacity

# Healthy kids, happy parents, fun festivities!

Children love the festive season. It is a time for fun, play and delicious food that are easily available to them. Nevertheless, all the excitement can easily overwhelm them. They usually do not know, how to control their food limit. Poor food choices lead to poor nutrition, making children easily tired and sick. To enhance your child's body resistance, supplement their diet with NaturCare® DHA Colostrum +Vitamin D chocolate chews. Just 2 tablets provide IgG (antibodies) from 11 glasses of milk, to fuel their brain and bone to ensure continuous health.



7005 16

NaturCare® DHA Colostrum +Vit D Chocolate Chews (1) 16 tablets

\$10.00



7005 60

NaturCare® DHA Colostrum +Vit D Chocolate Chews (1) 60 tablets \$34.00



Defends immune system

Protection to fight against bacteria, viruses, infections and diseases.

Repairs cells and wounds

Accelerate healing by regenerating new cells to restore health speedily.

Supports optimal brain and bone growth

For a stronger, healthier and fitter body.

Better memory and focus

Healthier mental ability to improve learning and concentration.





11 glasses of milk

15% of daily requirement\*



54% of daily requirement\*\*

\* Meets FAO / WHO recommended daily intake for children > 2 years old

\*\* Meets Codex Alimentarius recommended daily intake for children > 2 years old

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tupperware

1110 0723 Inspire Wok 38cm \$552.00

0 12 Months

\*0% Interest Installment Plans, please refer to page 55.

### FREE

1104 7794

Multipurpose Shears Worth \$57.50

with every purchase of 1110 0723



Free Easy Everyday Cooking recipe booklet with every purchase of TupperChef™



4/1110 0721 Inspire Stock Pot 7.0L \$400.00

1104 7794

Multipurpose Shears Worth \$57.50

with every purchase of 1110 0721

# The taste of wholesome goodness

water-less and oil-less cooking.

### Asian Meals (2) 100g

1/9001 01 Rendang Paste

2/9001 00 Pineapple Sauce

3/9001 02 Sambal Tumis

\$5.50 EACH





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# Braised sea cucumber, mushrooms & oysters

### Ingredients A

• 2 chicken whole leg, cut each into 4 pieces

8/1111 1311

\$329.00

Inspire Saute Pan 2.8L

• 1 tsp fine salt and ginger juice

### Ingredients B

- . 5 cloves garlic, chopped finely 12 Chinese shiitake dried mushrooms, soaked till tender, discard stems
- 500g frozen ready sea cucumber, defrosted and cut into thick slices
- . 10 large size dried ovsters, washed & drained · 1 tbsp wolfberries, soaked in water till plumped up and drained

Ingredients D

· 200g broccoli, cut into

1 small carrot, sliced

florets to serve with dish

1 tbsp wolfberries soaked

in hot water until it plumps

up and discard water.

· Salt and pepper to taste

### Ingredients C

- 10g black moss, soak in water for 10 minutes
- 1 tsp sesame oil
- 1 tsp soy sauce · 4 tbsp water

### Sauce

- 500ml water
- 1 tbsp soy sauce 1 tbsp premium quality ovster sauce
- 1 ½ tbsp chicken stock concentrate

### To thicken sauce, combine the following:

- · 1 tbsp corn flour
- · 4 tbsp water
- · 2 tbsp Chinese rice wine

- 1. Marinate chicken with salt and ginger juice for 1/2 hour.
- 2. Heat 4 tablespoons oil in the Tupperware Inspire Saute Pan, fry garlic till lightly brown and add chicken pieces. Stir-fry for 2 minutes.

See page 7 for

special offer

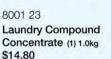
- 3. Put in mushrooms, sea cucumber, oysters and continue to stir fry mixture for 3 minutes over high heat.
- 4. Add in sauce ingredients and bring it to a simmer. Cover and cook over medium low heat for 20 minutes or until sea cucumber is just tender. Add in thickening sauce and once it starts to boil turn off heat. Season with salt and pepper to taste.
- 5. In the meantime, blanch carrots, broccoli in hot boiling water for 2 minutes. Remove and put into a bowl of cold water. Then drain it and leave aside.
- 6. Steam black moss with sesame oil, soy sauce and water for 10 minutes. Set aside.
- 7. Serve dish together with cooked carrots, broccoli, and steamed black moss, sprinkle

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